

Telemedicine is the future of personalized healthcare.

A medical service designed for your acute care and long term wellness needs.



Telemedicine is for busy people like you and your family who want convenient 24/7 virtual access to healthcare for all your health concerns. No concern is too small or too big -- whether it's for episodic care when you or your loved ones are dealing with specific health issues and urgent care matters, or to help you keep well by supporting you in the pursuit of greater wellbeing during life's major health transitions.

Whether you need health advice for an acute or chronic condition, prescription refill or lab requisition, LifeWorks Telemedicine can connect you with the help you need, 24/7.

You can now save time and travel to medical appointments through instant access and navigation of medical care, reducing personal and family stress in your healthcare experience.

Get well

- Infections such as bronchitis, pneumonia
- Flus, colds, fever
- Minor injuries, wounds, concussions
- Skin rashes, asthma, allergies
- Post hospital care
- Prescription refills*
- Specialist referrals*

Keep well

- Health promotion
- Disease prevention
- Chronic disease management
- Stress management
- Mental health
- Family planning
- Prenatal advice
- Early childhood development
- Child and teen health
- Menopause
- Care advice for elderly parents

How does it work?



Access care via your secure web portal or mobile application.



Talk to a general practitioner in an average of 5 minutes, 24/7.



Advice, treatment and diagnosis available by text, audio and/or video.



All prescriptions, requisitions, referrals and medical notes available in your personal virtual record.



What's included?

Phone, video and messaging

- ✓ Connect over secure messaging, audio or video for treatment, diagnosis, and health advice.

Get well. Keep well.

- ✓ General practitioners available for healthcare questions and/or advice.

Convenient prescriptions*.

- ✓ Sent directly to the pharmacy of your choosing or delivered free of charge.

SOC2 Compliant.

- ✓ Policies and procedures designed in compliance with PIPEDA and the relevant privacy legislation in all Canadian provinces.

Communication with healthcare professionals.

- ✓ Shared medical records owned by the patient for continuity of care between providers, including multidisciplinary care.

The practitioner you connect with can:

Diagnose and
treat conditions

Order and
interpret tests*

Write & renew
prescriptions*

Make specialist
referrals and
write sick notes*

Manage both
acute and
chronic illnesses