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informs you – Spring 2022

Newsletter dedicated to the Administrative Staff Retirees of the University of Ottawa

Our retirees who do voluntary work.. People with heart!

As governments suggest that a return to more normal life is on the horizon and we prepare for it, we celebrate our 25th anniversary this year and continue our efforts to keep you well informed.

Behind every activity and every action of the ASRA board, there are volunteer members who are the core of our Association. The task of keeping our Association alive is accomplished by dedicated members who, week in and week out, are there to defend your interests and to inform you.

Over the past twenty-five years, many ASRA members have worked in all areas of the Association, from organizing activities, to administration, to improving communications and innovating your Association with new ideas.

Numerous activities have become established over the years, and while some remain traditions, others are off the beaten track. It is fair to say that all these people have set the table for the survival and the success of the Association and have left us a great legacy whose mission we continue today.

But many members are also involved in a community or organization and give of themselves regularly.

We would like to introduce you to these members and offer you the pleasure of discovering and learning about their actions during this 25th anniversary year of the ASRA. See the following page for all the details.



TO THE DEDICATED RETIREES OF THE ASRA

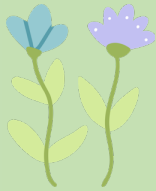
Over the past twenty-five years, you have been in contact with dedicated ASRA members. Who are these people, members of the ASRA, who are involved in a community or in an organization? You probably know some of them or you may be a member who is regularly involved. Describe this exceptional person, this devoted volunteer or this guardian angel who has ventured into an unusual field or tell us about your own volunteering. We are waiting for your beautiful testimonies!

To help you, here are some guidelines to describe your volunteering "story": Explain why you volunteer; how it all started; why this particular cause (*A particular task? Social commitment? Taking on new challenges? Meeting new people? Discovering new opportunities? Putting your experience to work for others?*). Tell us about the highlights, the anecdotes that gave you great satisfaction.

We invite you to share your story or your experiences with other ASRA members by contacting us by email to the following address APAR-ASRA@uOttawa.ca or by mail to Administrative Staff Retirees' Association, 141 Louis-Pasteur, University of Ottawa, Ottawa, ON K1N 6N5. If you have any questions, don't hesitate to write to us!

We would love to publish your testimonies on the ASRA website and organize a virtual discussion on the Zoom platform to highlight the contribution of dedicated ASRA retirees to the enrichment and strengthening of their community.

PARTICIPATE IN LARGE NUMBERS!



Challenge – 25th anniversary photos (Our souvenirs)

To mark the 25th anniversary of the ASRA, we launched a photos and anecdotes contest that will allow you to remember and share your fondest memories.

The contest consists of sending us photos or short stories of events related to the ASRA or your career at the University of Ottawa that took place over the last 25 years (between 1996 and 2021).

See the 2022 Winter Newsletter for full details.

Send us your photos now!



The years 2020 and 2021 have really been unlike any other.

- *Thank you for being PRESENT in reading our quarterly newsletters and emails over the past two years.*
- *Thank you for PARTICIPATING in our various activities during this pandemic.*
- *Thank you for SHARING your positive and constructive feedback.*
- *Thank you for PARTICIPATING in our photo challenge (25th anniversary).*
- *Thank you for CONSULTING our website assiduously.*



You can get a free Zoom account (with a username like name.surname@uottawa.ca or famillyname@uottawa.ca without any time restriction at <https://uottawa.saea-tlss.ca> › [zoom-en](#).





ALL retirees are welcome to participate in all ASRA activities.

We hope you will participate in large numbers!



<p>Thursday May 12 10:30 a.m. to noon <i>(on Zoom platform)</i></p>	<p>Volunteer testimonials from ASRA board members <i>Presentation in French – Bilingual discussion</i></p>
<p>Tuesday June 21 <i>(or Thursday June 23 in case of rain)</i></p>	<p>ASRA's 25th anniversary picnic at Vincent Massey Park</p>
<p>Wednesday September 21 10am to noon <i>(on Zoom platform)</i></p>	<p>ASRA's Annual General Meeting (AGM) <i>See you there...</i></p>
<p>Send us your suggestions</p>	

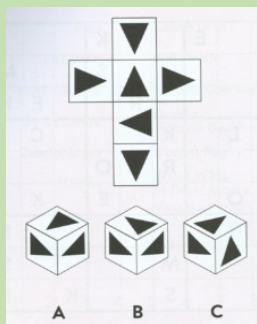


Gossip and Latest News

Do you have any news you would like to share with other ASRA members? Would you like to share one of your achievements? Don't hesitate to share it with us!

A new segment "News from our members" is intended to be a showcase to let other ASRA members know about the accomplishments of our members and the wide range of talents they master.

Send us your news... After all, it's your newsletter!



Stimulate your neurons.

Look at the flattened die (top picture) and then at the three dice below (A, B and C). Which one cannot be from the flattened die?