

Achievements of the *Administrative Staff Retirees Association (ASRA) of uOttawa*

With the support of more than 350 retirees who are members of ASRA, we have obtained:

- An increase of the **Health Care Spending Account (HCSA)** for retirees, from \$96 (since 2002) to **\$189** in 2019 and **\$300** in 2020 (applies to those who retired after April 30, 2002).
- Access to the **HCSA** for retirees with *less than 10 years of service* provided they retired after December 31, 2018.
- **Pension increases** in January 2019 for retirees who lost indexations in previous years.
- The participation of a **second retired member** on the **Pension Committee** since September 2018.
- **Voting rights** on the **Pension Committee** for retired administrative staff (obtained in 2009).
- On-campus **parking privileges** for University retirees, including free outdoor parking on Saturdays, Sundays and statutory holidays (free permit required every two years).
- An analysis of some of the best providers of **health, dental and travel insurance** made in 2018 by Human Resources (see recommendations on the website).
- **Health conferences** organized by Human Resources and presented by Mercer in 2016 and 2017.
- **Free tuition** for retirees, *with no age limit for themselves*, since 2006.
- A 25% **discount** on courses at the University's *Professional Development Institute*.
- Eligibility of retirees for **discounts** negotiated by the University's Alumni Association at selected suppliers. See www.uottawa.ca/alumni/discounts.
- The creation of a **scholarship fund** that allows ASRA to award a scholarship to deserving students each year, reflecting the generosity of both active and retired administrative staff.
- The organization of multiple **social events**, meals and conferences, every year since 1997, offering retirees the opportunity to socialize with former colleagues.
- A **website** (www.uottawa.ca/associations/apar-asra) to inform retired administrative staff of the University on the following topics:
 - News of interest to retirees
 - The names of employees who retire each month and the names of deceased retirees
 - The list of cultural and social activities that are organized for retirees
 - Benefits for retired administrative staff of the University
- Sending invitations, informative **e-mails** and **newsletters** to any retiree who agrees to provide their contact information to the ASRA.

BECOME A MEMBER! YOUR SUPPORT IS IMPORTANT!